

STATEMENT OF PURPOSE:

The course will provide the trainee with the minimum topics needed for an Officer assigned to Bicycle Patrol. The course consists of a hands-on/practical skills.

COURSE OBJECTIVE:

Provide students with basic skills to properly use a bicycle for patrol, including bicycle safety and confidence in riding. In addition to being able to approach suspects safely, navigate through crowded areas with ease and without incident.

I. Registration

1. MPD administrative record keeping
2. POST administrative record keeping

II. Introduction/Course Objectives

1. 1. Instructors – name, police agency, service years, bike experience
 - a. Students – name, police agency, service years, bike experience,
 - b. Expectations – instructor/student
 - c. Objectives – must pass: timed obstacle course

III. Student Manual/Handouts

1. Current MPD bike patrol policies
2. Record keeping
 - a. POST 2-111 Course Roster

IV. Bicycle/Equipment Inspection

1. Pre-test
2. Instructors and Students will inspect student bicycles prior to use in class exercise

V. Formation riding protocol review

1. Column of 1 and 2 riding
2. Hazards
 - a. Hand signals/verbal communications
3. Passing parked cars, lane changes, intersection control
4. Road guards and lane positioning
5. Rules of the road will be strictly adhered to

VI. Confidence Ride

1. Medium length
Location: Merced College
 - b. Observe student abilities

- c. Work brakes and gears

VII. Bike fit/Maintenance

- 1. Nomenclature/ABC Quick-check
- 2. Proper fit
 - a. Bike frame size/stand over height
 - b. Seat height/placement fore and aft
 - c. Handlebar height/placement
 - d. Professional fit (personal bikes)

VIII. History of Policing on Bicycles

- 1. When bike patrol was established
- 2. Advantages
 - a. Cost saving
 - b. Community policing tool
 - c. Enforcement
 - d. Media

IX. Nutrition

- 1. Importance of water/hydration
- 2. Carbohydrates/Fats/Proteins
- 3. Stretching
- 4. Healthy food options

X. Legal Aspects

- 1. Law updates
 - a. a. California Vehicle Code
 - b. b. Emergency Vehicle/Pursuits
 - c. c. Municipal Code
 - d. d. Duty Manual
 - i. i. Policy and Procedures

XI. Instructor Presentations (In the Field) (Instructors and Students)

- 1. Maintenance
 - a. Tire Change and repair
 - b. Chain breaks
 - c. Clean-up
- 2. Students practice:
 - a. Mount
 - b. Dismount
 - c. Kickstand
- 3. Cone Patterns
 - a. Slalom
 - b. Power slide
 - c. Emergency breaking

- d. Star
- e. M-drill
- 4. Up and Down Curbs
- 5. Up and Down stairs
- 6. Curb bumps
- 7. Surfaces
 - a. Dirt, gravel, sand, grass, asphalt
- 8. Street Scenarios
- 9. Practice Obstacle Course
- 10. Practical Scenarios (Vehicle stops/Calls for service)
- 11. Pedestrian contacts
 - a. Takedowns
 - b. Bike pursuits

**XII. Instructor Presentations (In the Field/Part II)
(Instructors and Students)**

- a. 1. Instructor observes each student complete the following:
 - a. a. Mount
 - b. b. Dismount
 - c. c. Kickstand
- a. 2. Cone Patterns
 - a. Slalom
 - b. Power slide
 - c. Emergency breaking
 - d. Star
 - e. M-drill
- 3. Up and Down Curbs
- 4. Up and Down stairs
- 5. Curb bumps
- 6. Surfaces
 - a. Dirt, gravel, sand, grass, asphalt
- 7. Street Scenarios
- 8. Practice Obstacle Course
- 9. Practical Scenarios (Vehicle stops/Calls for service)
- 10. Pedestrian contacts/Takedowns/Bike pursuits

XIII. Long Ride (Instructors and Students)

- a. 1. Location: Lake Yosemite, column's of 1 and 2, transitioning
 - a. Along lower Yosemite Ave., Lake Rd. and Old Lake Rd., using mounts, dismounts, power stroke starts, and road guarding
 - b. Through Fahren's Park dirt/ BMX park over multi surfaces and stair work
 - c. Return to Merced PD main station

XIV. Obstacle Course

*Merced Police Department – 3130
CCN: 23823 | Bicycle Patrol Familiarization | 8 hours*

1. **Bike Clean-up**